



Southern Xinjiang

KORLA | TARIM POPLAR FOREST | KIZIL CAVES
WENSU GRAND CANYON | ATUSH TIANMEN | PAMIR PLATEAU
KARAKUL LAKE | TASHKURGAN | PANLONG ANCIENT ROAD
WHITE SAND LAKE | KASHGAR

12 DAYS 10 NIGHTS

SOUTHERN XINJIANG

WHY US



Thoughtfully planned scenic routes



Fine selection of hotels



Handpicked local restaurants



Personal time to explore

SPECIAL HIGHLIGHTS

- Explore Poplar Forest beside Taklamakan Desert
- Discover Kizil Caves Silk Road heritage
- Experience Wensu Grand Canyon's dramatic red landscapes
- Immerse in Dolan Tribe's rich Uyghur culture
- Admire Atush Tianmen's natural arch scenery
- Scenic Journey across Pamir Plateau
- Conquer Panlong Ancient Road's winding bends
- Wander Kashgar Old Town's vibrant local atmosphere

FINE SELECTION OF HOTELS

CITY	NIGHT	HOTEL
Korla	1	Lavande Hotel*
Luntai	1	Duhufu Guest House*
Kuqa	1	Chaoshi Wanhua International Hotel*
Aksu	1	Hampton by Hilton*
Bachu	1	Lavande Hotel*
Kashgar	1	Hampton by Hilton*
Tashkurgan	1	Wanda Moments*
White Sand Lake	1	Yijing Baisha Camping Hotel*
Kashgar	2	Hampton by Hilton*

* or similar hotels

MEALS

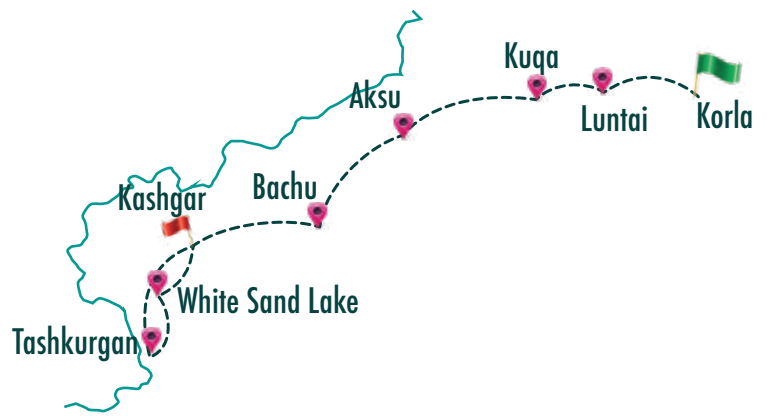
Breakfast - 10 | Lunch - 10 | Dinner - 9

*Lunch or dinner adjustments do not affect the total meal included.

EETICKETS

Features highlighted attractions, activities, hotels, restaurants and more that's not only rated with excellence, but also highly recommended by our experienced tour planners.

ENG Tour conducted in English



ITINERARY

DAY 1 Kuala Lumpur ✈️ Korla



✓ Dinner

Upon arrival in **Korla** 库尔勒, a vibrant oasis city along the ancient Silk Road and the gateway to your Southern Xinjiang journey, enjoy a dinner before checking in to the hotel.



Tarim Poplar Forest

DAY 2 Korla - Luntai

287KM



✓ Breakfast

✓ Lunch

✓ Dinner

Tarim Poplar Forest 塔里木胡杨林 (Entrance Included) - Begin your Southern Xinjiang journey at one of China's most iconic desert-poplar landscapes, located along the edge of the Taklamakan Desert. Explore the scenic forest by **Mini Train (Included)**, stroll along wooden boardwalks, and enjoy panoramic views of vast poplar forests surrounded by dramatic desert scenery. **Seasonal foliage colours, scenery, and mini train operations are subject to weather and operational conditions.*

Continue to **Luntai** 轮台 for dinner and overnight stay.



Grand Naan City



Kizil Thousand Buddha Caves

DAY 3 Luntai - Kuqa - Kizil Caves - Kuqa

135KM



✓ Breakfast

✓ Lunch

✓ Dinner

Visit **Kuqa** 库车, an ancient Silk Road kingdom known for its rich Uyghur culture and Buddhist heritage.

Naan Making Experience 大馕城打馕体验 (Included) - Visit Grand Naan City and discover the art of traditional Uyghur naan baking, one of Xinjiang's iconic food traditions.

Short Visit at **Kuqa Grand Mosque** 库车大寺 and **Kuqa Old Town** 库车老城.

📍 **Kizil Thousand Buddha Caves** 克孜尔千佛洞 [UNESCO] (Entrance Included) - Explore one of China's oldest Buddhist cave complexes along the ancient Silk Road, where ancient murals and grottoes reveal the region's rich Buddhist heritage.

Return to **Kuqa** for a traditional Uyghur dinner featuring Xinjiang's famous **Big Plate Chicken** 大盘鸡.

E! Moment

Into Red Canyons
Wensu Grand Canyon

DAY 4 Kuqa - Wensu Grand Canyon - Aksu 296KM

  Breakfast  Lunch  Dinner

Leaving behind the ancient Silk Road heritage of Kuqa, the journey now transforms into the rugged canyon landscapes of Southern Xinjiang.

 **Wensu Grand Canyon 温宿大峡谷 (Entrance & Shuttle Bus Included)**

- Explore one of Xinjiang's most spectacular canyon landscapes, where towering red cliffs, dramatic rock formations, and winding valleys create a breathtaking natural wonder shaped over millions of years. Enjoy panoramic canyon views from scenic walkways and immerse yourself in scenery resembling a majestic movie setting. **Moderate 2km walking with stair climbing is required on flat and uphill pathways.*

Continue to **Aksu** for a hearty dinner and overnight stay.



Red Sea Bay

DAY 5 Aksu - Bachu 330KM

  Breakfast  Lunch  Dinner

Journey deeper into Southern Xinjiang as the landscapes gradually transform from dramatic desert scenery into slower-paced Silk Road towns along the ancient trade route.

Dolan Tribe Scenic Area 刀郎部落 (Entrance Included) - Experience traditional Dolan culture, folk performances, and the rich heritage of the Uyghur people.

Continue the journey towards **Bachu 巴楚**.

Red Sea Bay 巴楚红海湾 (Entrance Included) - Discover a unique oasis landscape where rivers, wetlands, red reeds, and poplar forests contrast beautifully against the desert surroundings.

As evening falls, enjoy a traditional Uyghur dinner featuring aromatic **Hand Grab Rice 手抓饭** and freshly **grilled Lamb Skewers 羊肉串** before settling in for the night.



Dolan Tribe Scenic Area



Atush Tianmen

DAY 6 Bachu - Atush Tianmen - Kashgar 275KM

  Breakfast  Lunch  Dinner

Continue the overland journey deeper into Southern Xinjiang towards **Kashgar 喀什**, one of the most iconic cities along the ancient Silk Road.

 **Atush Tianmen 阿图什天门 (Entrance, Shuttle Bus & Cable Car Included)**

- Discover a spectacular natural mountain arch known as the "Heavenly Gate", surrounded by dramatic canyon landscapes and rugged scenery.

Arrive in **Kashgar** for dinner and overnight stay.




Karakul Lake

DAY 7 Kashgar - Tashkurgan 292KM

  Breakfast  Lunch  Dinner

Begin a scenic high-altitude journey along the legendary Karakoram Highway towards **Tashkurgan 塔县**, a historic Silk Road town located at approximately 3,100m above sea level, gradually ascending through the mountain landscapes of the Pamir Plateau and Kunlun ranges for better acclimatisation along the way. **Travellers may experience mild altitude discomfort due to high elevations.*

Oytagh Glacier Park 奥依塔克冰川森林公园 (Entrance & Shuttle Bus Included) - Admire the dramatic glacier scenery and highland scenery along one of Southern Xinjiang's most scenic mountain routes.

 **Karakul Lake 喀拉库勒湖 (Entrance Included)** - Admire the reflections of the iconic Muztagh Ata mountain across the crystal-clear alpine lake amidst the breathtaking landscapes of the Pamir Plateau. **Mountain visibility is subject to weather conditions.*

Arrive in **Tashkurgan** for dinner and an overnight stay.

DAY 8 Tashkurgan - Panlong Ancient Road - 250KM
White Sand Lake

🍴 Breakfast 🍽️ Lunch 🍴 Dinner

Journey deeper into the breathtaking high-altitude landscapes of the Pamir Plateau, where dramatic mountain roads and alpine scenery create one of Southern Xinjiang's most unforgettable experiences.

Stone City & Golden Grassland 石头城金草滩 (Entrance & Shuttle Included) - Explore the ancient Stone City ruins overlooking the scenic grassland and wetland landscapes of Tashkurgan.

📷 **Panlong Ancient Road 盘龙古道 (MPV Return Transfer & Group Drone Experience Included)** - Journey along one of Xinjiang's most legendary mountain roads, ascending beyond 4,000m above sea level through dramatic hairpin bends and panoramic highland scenery. **Subject to weather and operational conditions.*

📷 **White Sand Lake 白沙湖 (Entrance Included)** - Admire the surreal contrast of crystal-clear waters, white sand dunes, and mountain scenery along the Pamir Plateau.

Check in to a unique scenic stay near White Sand Lake and enjoy a peaceful evening beneath the starry skies of Western China. **Facilities may differ from city hotels due to the remote highland location.*



Panlong Ancient Road



White Sand Lake

DAY 9 White Sand Lake - Kashgar 163KM

🍴 Breakfast 🍽️ Lunch

Descend from the high-altitude landscapes of the Pamir Plateau and return to **Kashgar 喀什**, one of the most iconic Silk Road cities rich Uyghur culture and centuries-old traditions.

Kashgar Old Town 喀什古城 (东城) - Enjoy a group walk through Kashgar Old Town's East City with a **Photographer (Included)** capturing memorable moments along the way, followed by free time to explore local food such as freshly baked naan and traditional snacks, shop for souvenirs, and capture memorable photos.

📷 **Meet Kashgar Show 遇见喀什 (Entrance Included)** - Experience a spectacular cultural performance showcasing the music, dance, and traditions of ancient Kashgar.



Xiangfei Garden



Gaotai Ancient Residence

DAY 10 Kashgar

🍴 Breakfast 🍽️ Lunch 🍴 Dinner

Spend a slower-paced day immersing in the rich culture and everyday atmosphere of Kashgar as the Southern Xinjiang journey gradually comes to a close.

Xiangfei Garden 香妃园 (Entrance & Performance Included) - Discover the story of the legendary Xiangfei while exploring this important Uyghur cultural landmark, royal heritage, and rich ethnic traditions.

Gaotai Ancient Residence 高台民居 - Enjoy a short walk through one of Kashgar's oldest traditional neighbourhoods.

Kashgar Old Town 喀什古城 (西城) - Enjoy free time exploring the lively streets and local culture of Kashgar Old Town's West City. Travellers are encouraged to visit the **century-old teahouse***, experiencing the relaxed rhythm of Uyghur daily life before the farewell dinner on the final night. **Suggested activity is not included in the tour price.*



Kashgar Old Town

DAY 11 Kashgar ✈️ Kuala Lumpur

🍴 Breakfast

Proceed to the airport for your flight home, wrapping up your journey through the landscapes and cultures of Southern Xinjiang

DAY 12 Kuala Lumpur

Home sweet home. Till next time!



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Remark:

- Fare excludes Travel Insurance.
- Weather, road, and seasonal scenery conditions may vary depending on travel period and local authorities.
- The above itinerary is subject to change without prior notice. However, the night stay & number of meals will remain unchanged.



南疆之行

库尔勒 | 塔里木胡杨林 | 克孜尔千佛洞 | 温宿大峡谷
阿图什天门 | 帕米尔高原 喀拉库勒湖 | 塔什库尔干
盘龙古道 | 白沙湖 | 喀什

12天10夜

南疆之行

为什么选择我们



精心规划的
景观路线



精心挑选
的酒店



精心挑选
的本地餐厅



个人
探索时间

旅程亮点

- 探索塔克拉玛干沙漠边缘的塔里木胡杨林
- 感受克孜尔千佛洞的丝路佛教文化
- 欣赏温宿大峡谷壮丽红色地貌
- 深入体验刀郎部落的维吾尔文化
- 打卡阿图什天门壮观山体拱门景观
- 沿着喀喇昆仑公路驰骋帕米尔高原
- 穿行盘龙古道绝美山脉弯道
- 漫步喀什老城感受浓厚西域风情

精选酒店

城市	夜	酒店
库尔勒	1	Lavande Hotel*
轮台	1	Duhufu Guest House*
库车	1	Chaoshi Wanhua International Hotel*
阿克苏	1	Hampton by Hilton*
巴楚	1	Lavande Hotel*
喀什	1	Hampton by Hilton*
塔县	1	Wanda Moments*
白沙湖	1	Yijing Baisha Camping Hotel*
喀什	2	Hampton by Hilton*

* 或同级酒店

膳食

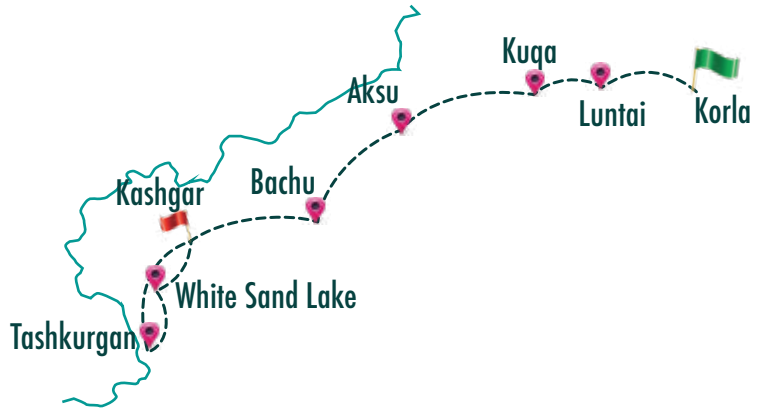
早餐 - 10 | 午餐 - 10 | 晚餐 - 9

* 午餐或晚餐的调整不会影响所包含的餐食总数

EETICKS

带领大家体验由我们经验丰富的旅游规划师强烈推荐且获得超高好评的景点、活动、酒店、和餐厅等。

ENG 此旅程主要以英语为媒介



行程表

DAY 1 吉隆坡 → 库尔勒



晚餐

抵达库尔勒Korla，这座位于古丝绸之路上的绿洲城市，也是南疆旅程的起点。享用晚餐后入住酒店。



塔里木胡杨林

DAY 2 库尔勒 - 轮台

287公里



早餐

午餐

晚餐

塔里木胡杨林 Tarim Poplar Forest (含门票) - 开启南疆之旅，前往位于塔克拉玛干沙漠边缘，中国最具代表性的沙漠胡杨林景观之一。搭乘小火车(包含)，穿越壮观胡杨林与沙漠风光，并沿木栈道漫步，欣赏辽阔景色。*胡杨林颜色、景观及小火车运营视天气与季节而定。

随后前往轮台Luntai，享用晚餐并入住酒店。



大馕城



克孜尔千佛洞

DAY 3 轮台 - 库车 - 克孜尔千佛洞 - 库车

135公里



早餐

午餐

晚餐

前往库车Kuqa，这座古丝绸之路上的历史王国，以浓厚维吾尔文化及佛教遗产闻名。

大馕城打馕体验 Naan Making Experience (含内) - 前往大馕城，了解传统维吾尔馕的制作工艺，体验新疆最具代表性的美食文化之一。

随后走访库车大寺Kuqa Grand Mosque 和库车老城 Kuqa Old Town.

克孜尔千佛洞 Kizil Thousand Buddha Caves [世界文化遗产](含门票) - 探索中国最古老的佛教石窟群之一，沿古丝绸之路留下珍贵壁画与佛教文化遗迹。

返回库车，享用传统维吾尔风味晚餐，包括新疆著名的大盘鸡。

E! Moment

红色峡谷秘境
温宿大峡谷

DAY 4 库车 - 温宿大峡谷 - 阿克苏

296公里

🍴 早餐 🍽️ 午餐 🌙 晚餐

从古丝绸之路的库车，迈向南疆壮阔峡谷之旅。

📍 **温宿大峡谷 Wensu Grand Canyon (含门票及区间车)** - 探索新疆最壮观的大峡谷之一，欣赏高耸红色山崖、奇岩怪石与蜿蜒峡谷，犹如电影场景般震撼。*需进行约2公里中等步行，并包含楼梯、平路与上坡路段。

随后前往阿克苏Aksu享用晚餐并入住酒店。



巴楚红海湾

DAY 5 阿克苏 - 巴楚

330公里

🍴 早餐 🍽️ 午餐 🌙 晚餐

深入南疆，沿古丝绸之路前行，景观逐渐由荒漠转变为慢节奏绿洲小镇。

📍 **刀郎部落 Dolan Tribe Scenic Area (含门票)** - 体验传统刀郎文化、民族歌舞表演及维吾尔文化遗产。

继续前往巴楚Bachu。

📍 **巴楚红海湾 Red Sea Bay (含门票)** - 欣赏湿地、河流、红柳与胡杨林交织而成的独特绿洲风光。

晚餐享用传统维吾尔特色美食，包括手抓饭与羊肉串。



刀郎部落



阿图什天门

DAY 6 巴楚 - 阿图什天门 - 喀什

275公里

🍴 早餐 🍽️ 午餐 🌙 晚餐

继续深入南疆，前往古丝绸之路重镇喀什Kashgar。

📍 **阿图什天门 Atush Tianmen (含门票、区间车及缆车)** - 探索壮观天然山体拱门“天门”，周围环绕壮丽峡谷与荒野山景。

抵达喀什后享用晚餐并入住酒店。



喀拉库勒湖

DAY 7 喀什 - 塔什库尔干

292公里

🍴 早餐 🍽️ 午餐 🌙 晚餐

沿著名喀喇昆仑公路展开高原之旅，前往海拔约3100米的塔县 Tashkurgan。一路穿越帕米尔高原与昆仑山脉壮丽景观。*高海拔地区可能出现轻微高反。

📍 **奥依塔克冰川森林公园 Oytagh Glacier Park (含门票及区间车)** - 欣赏壮观冰川与高原景观。


📍 **喀拉库勒湖 Karakul Lake (含门票)** - 欣赏慕士塔格峰倒映在清澈高山湖泊中的绝美景色。*雪山能见度视天气而定。

抵达塔县 Tashkurgan 后享用晚餐并入住酒店。

  早餐  午餐  晚餐

深入帕米尔高原腹地，体验南疆最震撼的高原山路与自然风光。

石头城金草滩 Stone City & Golden Grassland (含门票及区间车) - 探索俯瞰湿地与草原景观的古石头城遗址。

 **盘龙古道 Panlong Ancient Road** (含MPV往返接送及无人机团体拍摄体验) - 穿越新疆最传奇的高原山路之一，沿着海拔4000米以上的蜿蜒发夹弯一路盘旋而上，欣赏壮阔震撼的帕米尔高原风光。*视天气与实际运营情况而定。

 **白沙湖 White Sand Lake** (含门票) - 欣赏白色沙丘、清澈湖水与雪山交织而成的梦幻景观。

入住白沙湖景观酒店，在西部星空下享受宁静夜晚。*由于地处偏远高原，住宿设施可能与城市酒店有所不同。



盘龙古道



白沙湖

  早餐  午餐

离开帕米尔高原，返回充满维吾尔风情与丝路历史的喀什Kashgar。

喀什老城(东城) Kashgar Old Town - 安排摄影师跟团拍摄(包含)，漫步老城街巷，感受浓厚西域氛围。随后自由活动，可品尝当地美食、购买纪念品及拍照打卡。

遇见喀什 Meet Kashgar Show (含门票) - 欣赏融合音乐、舞蹈与丝路文化的精彩演出。



香妃园



高台民居

  早餐  午餐  晚餐

悠闲感受喀什日常生活与传统文化，南疆旅程。

香妃园 Xiangfei Garden (含门票及表演) - 了解香妃传说，探索维吾尔文化与皇室历史。

高台民居 Gaotai Ancient Residence - 漫步喀什最古老传统社区之一。

喀什老城(西城) Kashgar Old Town - 自由探索老城街巷与当地文化。推荐前往百年老茶馆*，体验维吾尔慢生活节奏。*推荐活动不包含于团费。



喀什古城

  早餐

前往机场，结束精彩的南疆风情之旅。

欢迎回家！期待下一次旅程！



大盘鸡



手抓饭



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特别注明:

- 团费不包含旅行保险。
- 天气、道路及季节景观可能因旅行时间、道路管制或当地政策而有所变化。
- 若出现无法预测的特殊情况或天气变化，公司有权调整行程表内容，但酒店住宿和餐饮数量保持不变。